



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A' grade

COURSE

NAME OF THE COURSE

CVAC023

SCIENTIFIC TECHNIQUES OF GROUP DYNAMICS

OFFERED BY

Physics Aided

ABOUT COLLEGE

Christ College (Autonomous), Irinjalakuda established in the year 1956 by CMI fathers has always been a place where young generations are moulded towards a bright future. College has excellent infrastructure, with state of the art laboratories, seminar rooms and lecture halls. The campus is Wi-Fi enabled. Presently College is home for 4500+ students, 200 teaching staff and 45 supporting staff. The strength of the College lies in its hardworking and tech savvy teachers who are eager to involve in all matters of students. The lush green campus with gardens and open gym is moving towards the next phase on education both offline and online.

COURSE COORDINATOR

Fr. Dr. Jolly Andrews
Physics Aided

LEARNING OUTCOMES

- Understand about approaches used for group work.
- Acquire practice skills such as dialogic listening.
- Recognize the importance of relationships
- Personal growth through participation as a group member.

COURSE MODULE

Module I: Group Dynamics- Historical Perspectives

Module II: Importance of Group Work

Module III: Group dynamics and Relationships

Module IV: Values of Group Dynamics

SYLLABUS

Module I: Group dynamics- Historical perspectives

Evolution of humanity and progress of civilizations- Joint ventures of ancient world-Egyptian pyramids, Tajmahal, Great wall of China etc. Temples, Churches and Mosques of ancient times. Constructive working and destructive working. Philosophy of scientist- Tiehard de Chardin. Concept of Noosphere (Total Hours: 6)

Module II: Importance of Group work

The concept of synergy. Knowing the 'others' perspective'. Importance of Aha experience. Concept of Paradigm shift. Different elements of Truth. Concept of look into and look outside. Psychological concepts of Ego. Different blocks for team work.

Live demonstration and group discussion based on AHA experience and Paradigm shift (Total Hours: 8)

Module III: Group dynamics and relationships

Importance of relationships. Concept of reaction and proaction. Methodology to conquer negative emotions. Importance of channelizing anger in a creative manner. Broken relations and families. Joy of working together. Steps for self-discovery. Self evaluation and introspection details regarding emotional aspects of relationship (Total Hours: 8)

Module IV: Values of Group dynamics

Personality vs character. Importance of faith and fidelity. Importance of time management. Role of emotional and spiritual quotient. Joyful nature and humor. Tasks of a group leader. Concrete tips for a group discussion. (Total Hours: 8)

Reference Books

The 7 habits of highly effective people, Stephen R. Covey

The Noosphere (The God Series Book 9) Kindle Edition by Mike Hockney

The Times Complete History of the World by Richard Overy

The Power of a Positive Team: Proven Principles and Practices that Make Great Teams Great by Jon Gordon

